

## **Psychiatry Clerkship GOALS & OBJECTIVES**

### **Academic Year 2020-2021 - Competencies**

The overall goal of the psychiatry clerkship is to enhance the medical student's ability to effectively identify, evaluate and manage the emotional and psychiatric problems that they will encounter in various types of medical practice.

The goals listed for each competency mirror the goals stated in the Graduation Competencies (i.e., exit objectives) and are modeled on the six ACGME Core Competencies.

The instructional strategies for achieving these objectives include: supervised clinical experiences, bedside teaching rounds, didactic sessions/case conferences, participation in OSCE, and online readings and lectures. Clinical skills and medical knowledge are assessed through direct clinical observation, student completion of the clinical passport, completion of the med-psych exercise and faculty/resident completion of DUCOM evaluation forms. Medical knowledge is also assessed through the NBME subject examination in Psychiatry.

#### **Patient Care**

Goal: Students should be able to provide patient care that is compassionate, appropriate, and effective for the treatment of psychiatric problems and the promotion of mental health.

Objectives: By the end of clerkship, students are expected to be able to:

1. Use appropriate interviewing skills to elicit a comprehensive psychiatric history addressing the onset and course of illness by taking into account all relevant developmental, medical, social and psychological factors.
2. Perform a detailed and accurate mental status examination.
3. Develop a problem list and prioritize problems.
4. Create a sufficiently broad initial differential diagnosis based upon the current DSM.
5. Select, justify, and interpret appropriate diagnostic procedures (including psychological tests, elaboration of history from other sources etc.) and clinical tests with attention to benefits and harms.
6. Use clinical reasoning processes to interpret data to derive a working diagnosis and develop a clinical management plan based on evidence-based medicine.

7. Recognize suicidal behavior and signs of aggression directed at others resulting from psychiatric illness and identify the principles of management of such life-threatening conditions.

8. Recognize side effects and toxic effects of various treatment modalities, including medications, other physical treatments and psychosocial interventions and be able to identify principles of management of their untoward effects.

9. Demonstrate knowledge of the legal issues involved in the delivery of psychiatric care.

10. Develop skills to assess concerns of patient safety secondary to disorganization and psychosis that may lead to self-harm or harm directed to others and demonstrate knowledge of interventions that include counseling (crisis intervention), mechanical (principles of restraint, close observation), medico-legal (commitment, capacity determination) and pharmacological.

11. Participate effectively in the delivery of psychiatric care of assigned patients as a member of the psychiatric treatment team.

### **Medical Knowledge**

Goal: Students must demonstrate knowledge about established and evolving biomedical, clinical, epidemiological, and social-behavioral sciences, as well as the application of this knowledge to patient care.

Objectives: By the end of clerkship, students are expected to be able to:

1. Describe common psychiatric disorders, including their characteristic signs and symptoms, etiology, epidemiology, and pathophysiology.

2. Describe the economic, psychological, social, and cultural factors that contribute to the onset and/or continuation of psychiatric illness.

3. Describe the role of medical-surgical factors in causing psychiatric illness and vice versa.

4. Describe the principles of management of these disorders using physical and psychosocial treatments.

5. Describe side effects and toxic effects of psychotropic medications, other physical methods of treatment and psychosocial interventions and the basic principles of management of such effects.

## **Interpersonal and Communication Skills**

Goal: Students must be able to demonstrate interpersonal and communication skills that result in effective information exchange and teaming with patients, their patients families, and professional associates.

Objectives: During the clerkship, students are expected to develop the skills to be able to:

1. Demonstrate appropriate verbal and nonverbal techniques to elicit patient history.
2. Use appropriate communication skills to educate patients and to counsel them to modify health risk behaviors.
3. Engage patients and their families, as needed, in the patient care plan and discuss psychiatric information in terms understandable to patients and their families
4. Demonstrate consideration to diversity in age, culture, disability, educational background, ethnicity, gender, gender identity, race, religion, sexual orientation, and socioeconomic background in communication with patients and their families.
5. Communicate effectively with physicians, other health professionals, and health related agencies in the day-to-day care of assigned patients.
6. Communicate appropriately in difficult situations including: angry and overwhelmed patients, psychotic patients, giving bad news, disclosing medical errors and working with distressed patients and their family members.
7. Articulate an accurate clinical question when requesting consultation.
8. Organize a case presentation to accurately reflect the chronology of the history, the details of the mental status and relevant physical examination findings, the differential diagnosis and the appropriate management plan.
9. Document this information accurately and in a timely manner consistent with the expectations of the clinical service.

## **Professionalism**

Goal: Students must demonstrate adherence to ethical principles, development of physician attributes, and a commitment to carrying out professional responsibilities.

Objectives: During the clerkship, students are expected to develop the skills to be able to:

1. Demonstrate respect for patient, parent, and family attitudes, behaviors and lifestyles, with particular attention to cultural, ethnic, and socioeconomic influences.
2. Demonstrate honesty, integrity, reliability and responsibility in all interactions with patients, families, colleagues, and other professional contacts.
3. Demonstrate behaviors and attitudes that promote the best interest of patients and families and that supersede self-interest.
4. Demonstrate a commitment to ethical principles pertaining to provision or withholding of clinical care, confidentiality of patient information, and informed consent.
5. Demonstrate a positive attitude and regard for education by demonstrating intellectual curiosity, initiative, academic integrity, and willing acceptance of feedback.
6. Demonstrate a professional image in manner and dress.

## **Practice-based Learning and Improvement**

Goal: Students must be able to investigate and evaluate their approach to patient care, appraise and assimilate scientific evidence, and continuously improve patient care based on self-evaluation and life-long learning.

Objectives: During this rotation, students are expected to:

1. Identify strengths and weaknesses in knowledge and skills based on critical reflection and self-evaluation.
2. Seek out opportunities and self-directed learning activities to strengthen deficits.
3. Demonstrate maturity in soliciting, accepting, and acting on feedback in an effort to effectively make improvements.

4. Locate, appraise, and assimilate evidence from scientific studies related to their patients' health problems.

5. Use information technology to access online medical information, support patient care decisions, enhance their own education, and facilitate the learning of colleagues and other health care professionals.

### **Systems-based Practice**

Goal: Students must demonstrate an awareness of, and responsiveness to, the larger context and system of health care, as well as the ability to call effectively on other resources in the system to provide optimal health care.

Objectives: During this rotation, students are expected to:

1. Work collaboratively in inter-professional teams to enhance the quality of patient care.

2. Identify available community resources beneficial in caring for psychiatric patients.

To assist students in acquiring the above competencies, we have distributed a list of terms which we feel students should know (**see attached, Important Vocabulary Terms**). In addition, please refer to the attached **CLINICAL EXPOSURE REQUIREMENTS** table which details the numbers and types of patient encounters needed to acquire the competencies for psychiatry