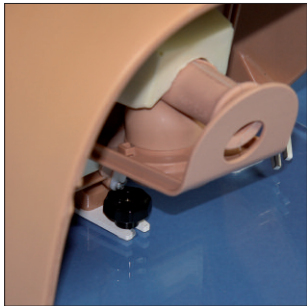


7



Line up the prongs with the black turn knob.

Push the Buttocks onto the base plate until the prongs are fully protruding past the black turn knob. Tighten the knob.

8



Reattach the Support.

The model is now ready for use.

Rectal Examination Trainer Mk 2 User Guide



Designed and manufactured by Limbs & Things Limited,
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Issue 1, December 2009
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Rectal Examination Trainer Mk 2

Part No: **60120**

A realistic representation of the buttocks, anus and rectum allowing for the practice of diagnostic skills associated with rectal examination. An additional Rectal Examination Perineum is included which contains 2 rectal pathologies.

Improvements

- Prostates and pathologies have been moved closer to the anus to make them easier to palpate
- Remodelled carcinoma prostates for greater realism
- Prostates have improved locking mechanism
- Coccyx has more realistic anatomical curvature

Skills

- Digital examination of prostate
- Digital rectal examination
- Proctoscope insertion and use

Features

- Latex free
- Two interchangeable perineums:
 - Normal for prostate examination
 - Pathology featuring polyp & carcinoma
- Five interchangeable prostates:
 - normal
 - bilateral benign
 - unilateral benign
 - bilateral carcinoma
 - unilateral carcinoma
- Carcinomas of prostates are hard to the touch
- When in use the prostate is hidden and cannot be seen by the trainee
- Prostates can be easily and quickly changed
- Palpable sacrum
- Realistic sphincter tone

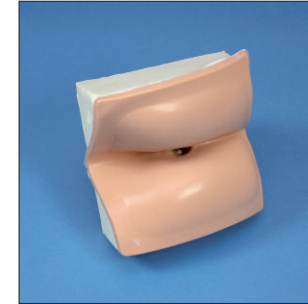
Package supplied

- 1 **Mk 2 Rectal Examination Perineum - Normal** Part No: **60122**
- 1 **Mk 2 Rectal Examination Perineum - Pathology** Part No: **60123**
- 1 **Mk 2 Rectal Examination Prostates (Set of 5)** Part No: **60121**
- 1 **Silicone Oil (50ml)** Part No: **50180**
- 1 base
- Carry case

Parts list

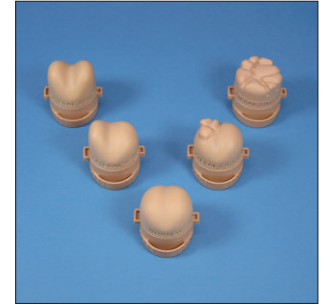


Buttocks



Mk 2 Rectal Examination Perineum

Part No: **60122 / 60123**

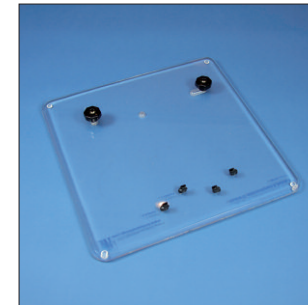


Mk 2 Rectal Examination Prostates (Set of 5)

Part No: **60121**



Frame



Base plate



Support



Foam insert

Changing the Prostate

1



To unlock a Prostate turn it 90° in an anticlockwise direction.

Pull to remove it.

2



To attach a Prostate ensure it is lined up correctly (the name on the Prostate should be on the underside). It will only fit in the hole in the Frame one way due to the lugs being different sizes.

Insert Prostate and rotate it 90° in a clockwise direction until it locks securely into position.

Changing the Perineum

1



Squeeze the end of the bowel together.

Push the end of the bowel through the hole in the Frame.

2



Depress and turn the white retaining clip to release the Frame.

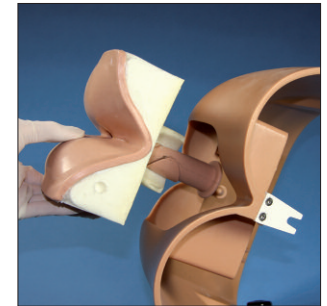
Remove the Frame.

3



Support the Perineum by holding the white foam in one hand, and then push the Perineum out with your other hand from the other side.

Remember to refit the Perineum in the orientation shown.



Changing the examination position

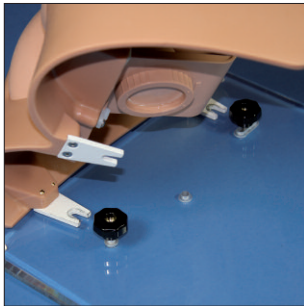
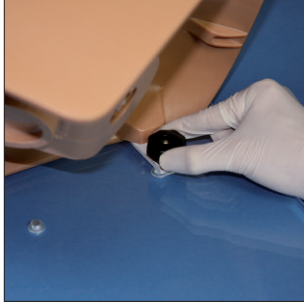
1



The Trainer is supplied in the left lateral examination position.

To change to the 'patient bent over' position, first release the metal Support and lay it down flat.

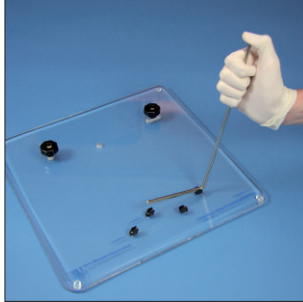
2



Loosen both of the black turn knobs that attach the Buttocks to the Base Plate.

Slide the Buttocks away.

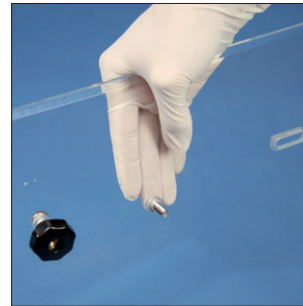
3



Remove the Support.

Unscrew the right hand black turn knob.

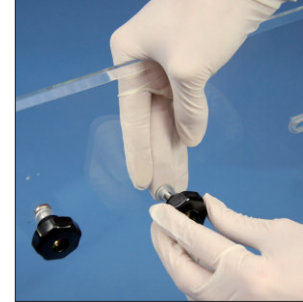
4



To ease removal, hold the screw in place from underneath the Base Plate.

Reposition the screw in the centre hole of the Base Plate. (The other black turn knob is not used but should be left in position so that it does not get lost.)

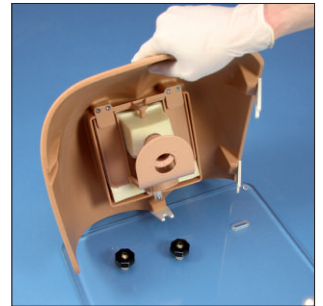
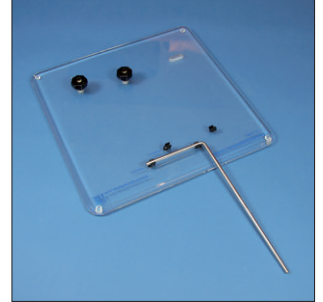
5



Hold the screw in position and reattach the black turn knob.

Push the Support into the clips marked 'Position 2' on the Base Plate.

6



Lay the Support down flat.

Rotate the model by 90° so that the edge with only one set of prongs is in line with the Base Plate.